



Covenant Health *Wise*

Creative volunteer recognized for outstanding support

Just do it! "Somebody got paid millions of dollars to come up with that slogan for Nike, but is that really rocket science?" wonders Hope Center volunteer Tim Holder. "We get caught up in how big something is. But if you break it apart and just keep reducing it until it becomes manageable, you find an action that you can do effortlessly."

Effortless creativity, compassion and commitment are at the root of the volunteer service Tim has selflessly shared with the Hope Center since 1996. In gratitude and recognition of that service, Tim was honored as the recipient of the Hope Center's Oliver Award for his outstanding support. With a fulltime staff of just two, much of the Center's work is accomplished through a dedicated team of volunteers.

Tim's relationship with the Hope Center began when his friend, Breton, was facing the end of life due to the effects of HIV/AIDS. Tim began to sense a change in Breton. The anger at the situation was subsiding. When Tim asked what had changed,

Breton told him about meeting Dr. Jeannie Gillian, Hope Center director, and about her research on the nature of hope among men and women with HIV. Tim was intrigued.

"We knew Breton was dying. It was such a horrible realization that there was nothing that could be done," remembers Tim. "I went to an event where WBIR Anchor Emeritus Bill Williams was speaking about HIV. One of Williams' comments struck me—everybody feels helpless and hopeless in the face of this huge disease. He said that instead of letting that feeling guide you, think small. Think about what you can do."

Tim thought, and it didn't take long for a unique and successful idea to take shape. "Breton was born on Christmas day," recalls Tim, a talented glass artist. "So I thought about ornaments and thought, 'I can do that.'"

Tim began a holiday tradition of support and celebration at the Hope Center that continues today in many ways. For four years, he created

handmade stained glass ornaments which were sold as a fundraiser for the Center. In the year 2000, he expanded his vision and partnered with other artists to create an entire series of blown glass ornaments. These ornament sales have raised over \$100,000 to support the Hope Center.

"If someone had told me I could make Christmas ornaments that would raise that much, I would have laughed first, and then politely said, 'You're nuts.' But, it happened!" says Tim. "I got the biggest gift of all from that—it reminds me every year that we really aren't alone. How many thousands of people unwrap one of those ornaments each holiday and have a thought about someone they love, about the Hope Center? It is a tangible gift one year, and a gift of hope and caring that gives again each year."



2010 Hope Center Oliver Award winner Tim Holder stands beside one of four unique stained glass windows, "Seasons of Hope," that he designed and installed at the Center.



Unique auction items available at Southern Summer's Night

Join us on Saturday, June 19, for the 8th Annual Southern Summer's Night Auction Benefit for Hope Center. Hundreds of Hope Center friends and supporters will enjoy a special evening of beautiful music, fabulous food, great auction items, and a few new surprises.

Among the live auction items available this year are three unique opportunities:

Snapped - The winning bidder will have a role in an episode of "Snapped," one of the highest rated shows on the Oxygen network. The winner and guests will enjoy a premiere party for 12 when the episode airs in the fall of 2010.

Fighter Pilot for a Day - This priceless opportunity offers the winner the thrill of being a fighter pilot in a light attack fighter jet

at your choice of 12 locations across the US, including hotel accommodations and airfare. The air-to-air combat simulation flight will be recorded, reviewed in a flight debriefing, and provided to the winner for endless opportunities to relive this spectacular experience.

Girlfriends' Ultimate NYC Shopping Getaway - The winning bidder receives a \$1,000 shopping spree at Saks Fifth Avenue, New York, with a personal shopper. The package includes lunch at Saks, a 3-night stay at the Hilton New York and airfare for two.

For more information on event tickets or sponsorship opportunities, please visit www.hopecenterknox.org/auction or call (865) 374-0453.

Belief in Possibilities

Hope Center meets needs of those affected by HIV/AIDS

"Hope is the belief in possibilities" is the guiding principle of the Hope Center. Established in 1996 and based at Fort Sanders Regional Medical Center, the Hope Center offers supportive services for individuals, their families and caregivers affected by HIV/AIDS and other serious illnesses.

The Hope Center is funded by charitable gifts; patients and families are not charged for services. Funds received by the Hope Center provide patient support services, as well as education for at-risk populations, healthcare professionals, and local school systems.

To learn more about the Hope Center, call (865) 541-3767.



Fort Loudoun Medical Center
Fort Sanders Regional Medical Center
LeConte Medical Center
Methodist Medical Center
Parkwest Medical Center
Roane Medical Center

Covenant Breast Centers
Covenant Sleep Centers
Covenant HomeCare
Covenant Medical Management, Inc.
Covenant Joint Centers
Covenant Spine Centers

Covenant Therapy Centers
Fort Sanders West
Patricia Neal Rehabilitation Center
Peninsula
Thompson Cancer Survival Centers